

Lancaster Senior Center

VAN SERVICE

The van is available Monday-Friday for senior citizens that reside in Lancaster. Medical appointments take preference in scheduling. However, we do transport to area stores, such as Tops, Wal-Mart, Eastern Hills Mall, etc. We also transport to the Senior Center several days a week. For information concerning the van and/or to schedule an appointment contact Mary or Janice at 685-3498 between 8:00 a.m. and 1:00 p.m. Monday-Friday.

BLOOD PRESSURE READINGS

Blood Pressure Readings by Rural-Metro Ambulance - Thursday, November 8th(9-11am)

FRIDAY AFTERNOON @ THE MOVIES

Every Friday afternoon at 12:30 we show a new movie release (sometimes an "oldie"). See our calendar for this month's movies. We serve fresh popcorn and soda pop.

NUTRITION

The Senior Center serves hot meals at 11:45 a.m. Monday-Friday. The suggested contribution is \$2.75 per meal. Call 685-3498 to make reservations by Thursday at 12:00 p.m.

AARP DRIVER SAFETY PROGRAM

The AARP 6-Hour Safe Driving Course is offered throughout the year. Registration is required. The charge is \$17 for AARP members (you must show your card) and \$19 for non-members.

Please bring your check (payable to AARP) to the first class.

Cash is NOT accepted.

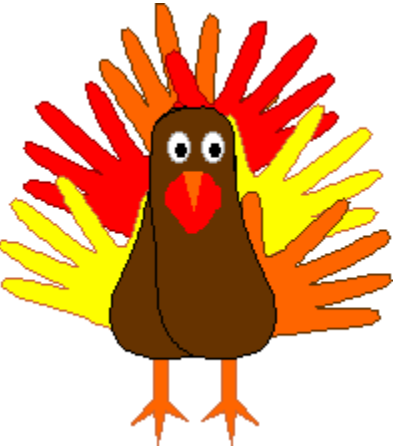
Classes are from 12:30-3:30

November 26 & 28

January 28 & 30 2013

February 25 & 27 2013

March 25 & 27 2013



Get Well Wishes

Eleanor Nowak sent GET WELL wishes to Al Schulz & Ray Johnson

In Memory Of

Eleanor Nowak sent a SYMPATHY CARD to the family of: Claire Besch, Fay Sanita & Shirley Roll

Welcome New Members

Janice Caito, Angelina Valenti, Joan Elridge, Rudolph Oxendine, Shirley Davidson, Betty Johnson, John & Lois Finucane, James Maciuba, Lance Becker, Joe & Kathryn Sikora, Audrey Doersman, Dorothy Lamour, Fred Hammer, Kathleen Getz, Debbie Falettoo, George & Sara Johnson, Michael Gallson, Lucille & Joseph Larusso

Lancaster Senior Center
100 Oxford Avenue, Lancaster, New York 14086
Phone: 685-3498 Fax: 685-3594

SENIOR INK

Staff
Recreation/Outreach

Susan Arcese
Janice Korzeniewski
Debra Thomson

Nutrition Staff

Beverly Tanski
(Site Manager)
Janice Streit
Judith Szczesniak

Meals On Wheels
Charlene Ciccarelli
683-3771

Van Drivers

Charles Ardillo
Norman Bastian
Gordon Ederer
Anne Gangloff
Robert Hauser
Donald Metzger
Al Rinow
John Sroda
John Zbock

Art

Kim Pesany-Au
Crafts
Ann Heidle

Ceramics

Gladys Weiss

Computer Class

Jason Loretto

Piano

Linda Frost

Zumba

Julia Kiesznoski

Yoga

Melanie Olivieri



Mary Bartz
Director of Senior Services

2012
Lancaster Senior Center
Officers

President - Ronald Wisniewski
Vice President - Shirley Roll
Treasurer - Shirley Rinow
Secretary - Donna Ingalsbe

Board Members

Ann Ciszewski, Donna Dotzler, Jackie Domon,
Florence Russell & Terry Szeffel

Bingo Chairman

Ronald Wisniewski

HOURS

Mondays, Tuesdays,
Wednesdays & Fridays 8AM-5PM
Thursdays 8:00-9:00 p.m.

Building is
Handicap Accessible

NOVEMBER 2012

M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

Upcoming Events

The Senior Center will be closed on the following days:
Tuesday, November 6th
Monday, November 12th
Thursday & Friday, November 22nd & 23rd

NOVEMBER

2nd - Fun Friday
7th - Five Crown Party
14th - Seneca Niagara Trip
16th - Friday Night Dance w/
Bobby Sugg
19th - Hamburg Casino

DECEMBER

5th - Dominoes Party
7th - Fun Friday
10th - Seneca Niagara Trip
15th - Christmas Dinner &
Dance

VISIT US ON THE WEB @
WWW.LANCASTERNY.GOV

Monday

Tuesday

Wednesday

Thursday

Friday

November 2012

<div> <div>1</div> <div> Ceramic Class 9-Noon Organ Club 10:30-11:30 LUNCH 11:45 (Vegetable Lasagna) Monthly Meeting 12:30 Bingo 12:45/Ping Pong 3:00 Pinochle & Dominoes 5:45 Scrabble 6:30 </div> </div>					<div> <div>2</div> <div> Aerobic Tape 8:55-10 Zumba 10:15-11:15/Crafts 10-4 LUNCH 11:45 (Sloppy Joes) Cards 12:15 Movie 12:30 - <i>Dr. Seuss' The Lorax</i> Line Dancing (open) 1-3 Fun Friday 6:00 </div> </div>				
<div> <div>5</div> <div> Aerobic Tape 8:55-10 Red Hats 10:00/Crafts 10-4 Mah Jonng 10:00 LUNCH 11:45 (Polish Sausage) Wii Bowling 12:30 Hand & Foot Card Game 1:00 Yoga 1:15 </div> </div>		<div> <div>6</div> <div> CLOSED TODAY  </div> </div>		<div> <div>7</div> <div> Piano Lessons 8:45-1:00 Aerobic Tape 8:55-10 Erie County Exercise Class 10:30-11:15 LUNCH 11:45 (Breaded Chix. Breast) Art Class 12-3 Five Crown Party 1:15 </div> </div>		<div> <div>8</div> <div> Blood Pressure Rdgs 9-11 Ceramic Class 9-Noon Organ Club 10:30-11:30 LUNCH 11:45 (Meatloaf) Bingo 12:45 & Birthday Party Ping Pong 3:00 Pinochle & Dominoes 5:45 Scrabble 6:30 </div> </div>		<div> <div>9</div> <div> Aerobic Tape 8:55-10 Zumba 10:15-11:15/Crafts 10-4 LUNCH 11:45 (Breaded Pork Chops) Cards 12:15 Movie 12:30 - <i>The Vow</i> Line Dancing (open) 1-3 </div> </div>	
<div> <div>12</div> <div>  </div> </div>		<div> <div>13</div> <div> Knit/Crochet/Ceramic Class 9-Noon Zumba 9-10/Quilters 9:30 Piano Lessons 9:30-12:30 Arthritis Exercise Video 10:15-11:15 LUNCH 11:45 (Chix. Breast) Pinochle 12:45 Intermediate Line Dancing 12:45-2:45 </div> </div>		<div> <div>14</div> <div>  Seneca Niagara Casino Trip Piano Lessons 8:45-1:00 Aerobic Tape 8:55-10 Erie County Exercise Class 10:30-11:15 LUNCH 11:45 (Grilled Pork or Grilled Chix. Salad) Blue Cross/Blue Shield 2:00 Art Class 12-3 Game Day 1:00 </div> </div>		<div> <div>15</div> <div> Ceramic Class 9-Noon Officers/Bd Mtg. 9:45 Organ Club 10:30-11:30 LUNCH 11:45 (Cabbage Roll) Bingo 12:45/.Ping Pong 3:00 Pinochle & Dominoes 5:45 Scrabble 6:30 </div> </div>		<div> <div>16</div> <div> Aerobic Tape 8:55-10 Zumba 10:15-11:15 Crafts 10-4 LUNCH 11:45 (Beef Stew) Cards 12:15 Movie 12:30 - <i>Slumdog Millionaire</i> Friday Night Dance w/ Bobby Sugg 7-10 </div> </div>	
<div> <div>19</div> <div> Aerobic Tape 8:55-10 Hamburg Casino Trip Crafts 10-4/Mah Jonng 10:00 LUNCH 11:45 (Shredded Pork) Wii Bowling 12:30 Hand & Foot Card Game 1:00 Yoga 1:15 </div> </div>		<div> <div>20</div> <div> Knit/Crochet/Ceramic Class 9-Noon Zumba 9-10/Quilters 9:30 Piano Lessons 9:30-12:30 Arthritis Exercise Video 10:15-11:15 LUNCH 11:45 (Turkey, Stuffing & Gravy) Pinochle 12:45 Intermediate Line Dancing 12:45-2:45 </div> </div>		<div> <div>21</div> <div> Piano Lessons 8:45-1:00 Aerobic Tape 8:55-10 Erie County Exercise Class 10:30-11:15 NO LUNCH SERVED TODAY Art Class 12-3 Game Day 1:00 </div> </div>		<div> <div>22</div> <div>  </div> </div>		<div> <div>23</div> <div>  </div> </div>	
<div> <div>26</div> <div> Aerobic Tape 8:55-10 Crafts 10-4/Mah Jonng 10:00 LUNCH 11:45 (Baked Chix Drumsticks) Wii Bowling 12:30 Driver Safety Program 12:30-3:30 Hand & Foot Card Game 1:00 Yoga 1:15 </div> </div>		<div> <div>27</div> <div> Knit/Crochet/Ceramic Class 9-Noon Zumba 9-10/Quilters 9:30 Piano Lessons 9:30-12:30 Arthritis Exercise Video 10:15-11:15 LUNCH 11:45 (Spaghetti w/ meatballs) Pinochle 12:45 Intermediate Line Dancing 12:45-2:45 </div> </div>		<div> <div>28</div> <div> Piano Lessons 8:45-1:00 Aerobic Tape 8:55-10 United Health Care Insurance (Information) 10:00 Erie County Exercise Class 10:30-11:15 LUNCH 11:45 (Meatloaf) Driver Safety Class 12:30-3:30 Art Class 12-3 Game Day 1:00 </div> </div>		<div> <div>29</div> <div> Ceramic Class 9-Noon Organ Club 10:30-11:30 LUNCH 11:45 (Liver/Onions or Julienne Salad) Bingo 12:45/Ping Pong 3:00 Pinochle & Dominoes 5:45 Scrabble 6:30 </div> </div>		<div> <div>30</div> <div> Aerobic Tape 8:55-10 Zumba 10:15-11:15/Crafts 10-4 LUNCH 11:45 (Chix Cutlet w/ Mayo) Cards 12:15 Movie 12:30 - <i>The Blind Side</i> Line Dancing (open) 1-3 </div> </div>	